

Chicken Perfected.



Nutrition Information

Genuine Broaster Chicken® & Other 8-Piece Cut Chicken Products Nutrition Information

Genuine Broaster Chicken®	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	315	81	0	9.0	2.0	139	932	5.0	43.0
Thigh	1 piece	289	144	0	16.0	4.0	131	703	4.0	24.0
Leg	1 piece	154	63	0	7.0	2.0	86	590	2.0	17.0
Wing	1 piece	164	90	0	10.0	2.0	77	609	3.0	14.0
Extra Crispy Chicken	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	400	191	0	21.0	3.0	131	1809	13.0	39.0
Thigh	1 piece	350	203	0	23.0	3.0	107	1376	13.0	23.0
Leg	1 piece	197	101	0	18.0	2.0	78	1105	4.0	17.0
Wing	1 piece	216	132	0	9.0	1.0	84	763	7.0	16.0
Zesty Chickite Chicken	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	315	81	0	9.0	2.0	139	932	5.0	43.0
Thigh	1 piece	289	144	0	16.0	4.0	131	703	4.0	24.0
Leg	1 piece	154	63	0	7.0	2.0	86	590	2.0	17.0
Wing	1 piece	164	90	0	10.0	2.0	77	609	3.0	14.0
Crispy Cajun Chicken	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	400	191	0	21.0	3.0	131	1809	13.0	39.0
Thigh	1 piece	350	203	0	23.0	3.0	107	1376	13.0	23.0
Leg	1 piece	197	101	0	18.0	2.0	78	1105	4.0	17.0
Wing	1 piece	216	132	0	9.0	1.0	84	763	7.0	16.0
Broasterie® Chicken	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	301	117	0	13.0	3.0	165	998	2.0	44.0
Thigh	1 piece	233	135	0	15.0	5.0	132	721	1.0	23.0
Leg	1 piece	135	63	0	7.0	2.0	95	477	1.0	16.0
Wing	1 piece	103	63	0	7.0	2.0	58	491	1.0	10.0
Bro-Tisserie® Chicken	Serving Size	Calories	Calories from fat	Trans Fat (g)	Total Fat (g)	Saturated Fats (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Protein (g)
Breast	1 piece	357	153	0	17.0	5.0	173	786	1.0	49.0
Thigh	1 piece	286	198	0	22.0	6.0	137	516	2.0	21.0
Leg	1 piece	150	81	0	9.0	2.0	103	381	1.0	19.0
Wing	1 piece	123	72	0	8.0	3.0	63	489	1.0	12.0

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Broaster Company | 2855 Cranston Road, Beloit, WI 53511-3991 USA | 1.800.365.8278 | 1.608.365.0193 | broaster.com

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